

## **Coaching Prayer** **Principles from Scripture**

### **You Can't Do It Wrong...**

God *loves* you; He wants you to talk to Him. He's not picky, and He's not a perfectionist. Just talk to Him.

### **...But You Can Grow.**

God wants us to grow into a rich conversation with Him. In order to help us do that, He's given us some tools in Scripture.

### **Praying Like Jesus**

1. Our Father
2. Who art in heaven
3. Hallowed be Thy name
4. Thy kingdom come
5. Thy will be done on earth as it is in heaven
6. Give us this day our daily bread
7. And forgive us our trespasses as we forgive those who trespass against us
8. And lead us not into temptation, but deliver us from evil
9. For Thine is the kingdom, and the power, and the glory forever and ever.  
Amen.

### **Praying Like the Psalmists**

1. Learning the Psalms
2. Praying a Psalm
3. Reading Verse One

### **How to Do It Wrong (Luke 18:9-14)**

God loves honesty and sincerity. He hates pride and insincerity. There is no way to mess up prayer if you're really seeking to talk with God as His child. There is no way to pray properly if you're approaching God out of arrogance, or just talking to hear yourself.

<b><u>Through the Psalms in a Month</u></b> (Book of Common Prayer)		
<b>Day</b>	<b>Morning</b>	<b>Evening</b>
1	1-5	6-8
2	9-11	12-14
3	15-17	18
4	19-21	22-23
5	24-26	27-29
6	30-31	32-34
7	35-36	37
8	38-40	41-43
9	44-46	47-49
10	50-52	53-55
11	56-58	59-61
12	62-64	65-67
13	68	69-70
14	71-72	73-74
15	75-77	78
16	79-81	82-85
17	86-88	89
18	90-92	93-94
19	95-97	98-101
20	102-103	104
21	105	106
22	107	108-109
23	110-113	114-115
24	116-118	119:1-32
25	119:33-72	119:73-104
26	119:105-144	119:145-176
27	120-125	126-131
28	132-135	136-138
29	139-140	141-143
30	144-146	147-150

<b><u>Through the Psalms in a Week</u></b> (Eastern Orthodox Psalter)		
<b>Day</b>	<b>Morning</b>	<b>Evening</b>
Sunday	9-24	None
Monday	25-37	38-46
Tuesday	47-64	65-70
Wednesday	71-85	86-91
Thursday	92-105	106-109
Friday	135-150	120-134
Saturday	110-119	1-8